



deubrook

Home of the Dolphins

To: Dolphin Families who have students in grades 7-12 starting in the Fall 2018

From: Paul Nepodal, 7-12 Principal/AD

Re: Athletic/Activity Paperwork needed for participation in extra-curricular activities

Base Set of Paperwork – WHAT everyone needs to return back to the HS office by the 1st day of school

1. SDHSAA Annual Parent and Student Consent Form
2. Consent for Medical Treatment
3. Consent for Release of Medical Information (HIPPA Form)
4. Concussion Fact Sheet for Athletes
5. Concussion Fact Sheet for Parents

*These 5 forms should be signed by BOTH parent and child

Physical Forms – *these are for those students in Grades 7, 9, and 11 who plan to participate in ATHLETICS (Fine Art activities DO NOT require a physical)*

1. Initial Pre-Participation History Form (grants permission to compete in athletics)
2. Pre-Participation Physical Evaluation Form – this goes to the Doctor when your child goes for his/her physical
3. Physical EXAM Form

*Physicals are available through the Brookings Health Systems (including the White Clinic) for a cost of \$25. You are free to go anywhere to have your physical exam done though.

Interim Physical Forms – *these are for those students in Grades 8, 10, and 12 who plan to participate in ATHLETICS (these students should have a physical on file from last year)*

1. Interim Pre-Participation History Permission Form
2. Interim Pre-Participation History Medical Form – PARENTS can fill this out

*Forms can be found online at Mr. Nepodal's webpage, Deubrook.com or can be picked up at the High School office during the week. Questions – please call the HS office at 629-1101.