



2018-2019

DEARBROOK

DOLPHINS GIRLS

BASKETBALL

INVEST

\*\* devote (one's time, effort, or energy) to a particular undertaking with the expectation of a worthwhile result

# **Deubrook Girls' Basketball**

## **TEAM INFORMATION**

2018-2019

**School:** Deubrook  
**Towns:** White, Toronto, Astoria, Hendricks  
**Location:** White, SD  
**Phone:** 629-1105

**Nickname:** Dolphins

**Colors:** Burgundy and Gold

**Conference(s):** Dakota Valley Conference

**Region:** 3

**State:** B

**Superintendent:** Dr. Kim Kludt  
(629-1100)

**Principal:** Paul Nepodal  
(629-1114)

**Activities Director:** Paul Nepodal  
(629-1114)

**Head Coach:** Brad DeBeer – [brad.debeer@k12.sd.us](mailto:brad.debeer@k12.sd.us)  
H - (479-2175)  
C - (695-0020)  
S - (629-1105)

**Assistant Coaches:** Gretchen Schulte – JV/C  
Mo Petersen – 8<sup>th</sup> Grade  
Haley Lunden - 7<sup>th</sup> Grade

# MISSION STATEMENT OF THE DOLPHINS GIRLS BASKETBALL TEAM

The mission statement of the Dolphins girls' basketball team is to create an atmosphere of enthusiasm and love for the game, to have an enjoyable experience and to constantly grow as individuals in our basketball abilities and life long skills.

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## SUCCESS

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We believe that in order for our team to be successful we must become a "family". If we can believe in ourselves, believe in our coaches, and believe in our teammates, success will be achieved. EVERYONE from managers to players to coaches to parents must have the best interest of the TEAM in mind. We must remember that everybody cannot be successful all the time, but we ALL must put forth our greatest effort ALL the time in order for TEAM success.

### BASKETBALL PHILOSOPHY

#### OFFENSE

We believe in order to be successful on offense we must follow the basic principles of floor spacing, shot selection, passing, screening and moving without the basketball, and unselfish play. We believe in pushing the ball up the floor quickly but in a controlled fashion, and using this fast break situation as part of our offensive scheme with everyone knowing their role on the floor.

Within our half-court offense, our system is based on a set-motion and the ability to read the defense. Every situation we are put in by the defense has a rule that our team looks to as a way to combat that situation.

#### DEFENSE

We believe in position/team defense. We must learn man-to-man principles and be able to play good aggressive man-to-man in order to play any other type of defense. Good man-to-man defenses look like zones, and good zone defenses look like man-to-man in our system. We adjust our defenses based on what we feel will give us the best opportunity to be successful against our opponent each night out.

# **Deubrook Girls' Basketball**

## ***MORE TEAM INFORMATION***

**2018 - 2019**

### **I. Important Dates**

- A. First Practice – November 26
- B. Gatorade Scrimmage – December 1st  
at The “K” – 5pm
- C. Season Opener – December 7<sup>th</sup> vs.  
ORR in White at the “K”
- D. Entringer Classic-Dec. 15 – Colman  
Aux Gym- 3pm (Varsity Only) vs. Madison
- E. C-Team Tournament in White – Jan. 5
- F. Sanford Pentagon Invite – Jan. 12 vs.  
TBD
- G. DVC Tourney – Jan. 14, 17, 19 vs. TBD  
In White (M & Th) - FINALS in White  
(Sat.)
- I. JV at Elkton Tournament – Feb. 2
- J. Region 3B @ Higher Seed – Feb. 18, 19  
Region 3B Finals @ Madison – Feb. 21  
Round of 16 – Feb. 28 - TBD
- K. State B @ Huron – Huron Arena -  
March 7-9

# **Deubrook Girls' Basketball**

## **2018-2019**

### **Team Policies**

- A. Once you have been chosen for a specific team, I would expect this team be your priority.
- B. Training Rules will follow Deubrook Area Schools and South Dakota Standards with VAPING violations included.
- C. Academics – Team Academic All-State
  - a. Work as hard as you can to keep grades up. Ask for help if needed.
  - b. Eligibility regulations will follow school and state regulations. **If you are on ineligible list you are expected to be at practice with your team.** If part of practice time needs to be used to get school work done that will be arranged on a case to case basis.
- D. Attire – Game Day
  - a. We will decide as a team what will be worn each game.
  - b. Dress in an appropriate manner to represent you, your family and your school.
- E. Attire – Game/Practice Time
  - a. No Jewelry – Games or practice
  - b. We will all wear same colored socks – team unity – little things matter
  - c. Headbands (wide) – we will decide as a team either all or none – thin ones will be up to each player
- F. Team Unity
  - a. Varsity is expected to support C & B teams, C & B teams are expected to support varsity.
  - b. Players are **expected** to ride the bus **to and from** games. We expect you to be on the bus ride back to school and spend that time with the TEAM. Some situations may be considered and permission **MUST** be granted by coaches.
- G. Officials
  - a. Players should not show disgust toward officials. Those that choose to will find themselves watching from the bench as the coach will address the officials.
- H. Missing Practice – Every practice you miss not only hurts you, but it hurts the team. New information, team game planning, etc., may be

introduced at that time and everyone needs to be on the same page to achieve our goals.

- a. Missing a practice the day before a game may result in not starting or loss of playing time. The coach's discretion will be used in the case of illness, funerals, etc...
- b. One **unexcused** absence = loss of playing time
- c. Two **unexcused** absences = 1 game suspension
- d. Three **unexcused** absences = dismissal from team
- e. Detentions, either ISS or OSS, will be treated as unexcused absences. You are expected to act a higher level than non-players.
  - i. **Excused:** Family, (***Please plan ahead and avoid missing practices and games***), illness or injury. Must have a note prior to absence.
  - ii. **Unexcused:** Haircuts, shopping, tanning, work, visiting friends or leaving with friends, doctor or dentist appointments that could be scheduled at other times.

**\*\* If you have to miss practice for any reason, be sure YOU contact one of the coaches. If we do not know you are going to be gone it will automatically be unexcused. DO NOT HAVE A FRIEND TELL ONE OF THE COACHES, YOU ARE RESPONSIBLE.**

#### I. Injuries

If you are injured, tell us so we can have you treated by the trainers. The injury will only get worse if it goes untreated. ***Injured players are expected to be at practice or it will be unexcused.***

#### J. Coach/Parent/Player Meetings

If for some reason a parent would like to meet with coach(es), the coaches, the AD, the parents AND THE PLAYER will be present at the meeting.

## **General Rules and Comments**

1. Practices – M- Tu –W – Th – F and some Saturdays (mainly gameday Saturdays)
2. Lombardi Time (Be at practice 20 minutes earlier than the start time when possible)
3. Equipment Needed
  - a. Gym shorts
  - b. Good pair of Basketball shoes – preferably no bright neon colors
4. Treat equipment with care
5. THINK POSITIVE
6. TALK POSITIVE – In practice, in the hall, at the store, etc...
7. Stocking caps – gloves – coats – after practices and games (Healthy athletes give us a better chance at being successful.)

8. Team/Practice announcements – CHECK SCHOOL EMAIL, Text messages, Deubrook Girls Basketball on Facebook and @GoPhinsGBB on Twitter.

9. Nutrition\Rest – Proper eating habits and proper rest will help you fight off illness and allow you to be more successful, therefore giving the TEAM a better chance of winning.

## **Team Make-up**

### Varsity

1. Top 12 - 16 players **regardless of grade level** will make this team!
2. The team will be chosen by coaches based on skill level, attitude, team chemistry, practice attendance and coach-ability.
3. The goal is to win games. In order to do this, the players each night that are able to help us win will be on the floor. Not everyone will play and not everyone will play equally. Coaches will inform players of their roles on this team.

### "B" Team

1. This team will consist of at least 10 players depending on the number of girls out. **Seniors will NOT be on this team.**
2. This team will run similar offensive and defensive system as varsity.
3. Everyone will play at some point during the season, but not everyone will play the same number of minutes.

### "C" Team

1. Those players that are the skill level of "C" team level will be on this team excluding seniors. There may be times when players above the "C" team skill level will play on this team as well as on the "B" team in order to make numbers work.
2. Everyone will play during the season although it may not be the same number of minutes.
3. This team will run similar offensive and defensive system as varsity.



## **2018-19 Deubrook Girls Basketball Lettering Policy**

- 1) Player must be on the varsity roster in at least  $\frac{1}{2}$  of all regular season games **or**, dress for a post season game.
- 2) Players must abide by all athletic state, school and team policies pertaining to academic eligibility, training rules and coaches team rules.
- 3) Player **MUST** finish the season in order to earn a letter award.
- 4) Coach's discretion.

### Social Networking Expectations:

The Deubrook Girls Basketball team recognizes its student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. Each student-athlete must remember that they represent Deubrook Area Schools, and are expected to portray themselves, their team, and the Deubrook Girls Basketball team, in a positive manner at all times.

If you participate on a social networking site:

- Everything you post is public information. Texts or photos are out of your control once placed online.

- Use caution when adding or inviting friends. Be careful posting information about your location or future plans.

- Use of disrespectful comments and behavior online will not be tolerated. This includes but is not limited to:

- o Comments or photos that depict unlawful or prohibited conduct.

- o Derogatory, defamatory, harassing, or discriminatory posts related to teammates, coaches, administration or others that adversely affect team chemistry.

- o Comments that create a serious danger to the safety of another person or that constitute a credible threat of emotional or physical injury to another person.

Situations involving any of the above activity will result in a meeting with the athlete, parents, coach, athletic director and/or the administration. The results of that meeting could range from just having the meeting, to different levels of suspension. Those involved in that decision will be the coach and the administration. This applies to all athletes on the Deubrook Girls Basketball teams in grades 7-12

My signature indicates that I have been told or notified of the policy and philosophies of the Deubrook Girls Basketball 2018-19 team. Please return this sheet with your signature and your daughter's. Thank you.

\_\_\_\_\_ (athlete's signature) \_\_\_\_\_ (date)

\_\_\_\_\_ (athlete's signature) \_\_\_\_\_ (date)

\_\_\_\_\_ (parent's signature) \_\_\_\_\_ (date)